Why do I need to wear these boots?

Your heels are at risk for painful pressure ulcers

Pressure ulcers, also known as bedsores, can develop when you are in bed with limited mobility. This potentially dangerous injury occurs to the skin, usually to the heel, as a result of pressure, friction from rubbing on sheets, and shearing.

- Heels and ankles are two of the most common sites for pressure ulcer development
- Pressure ulcers can develop quickly—ranging from several hours to a few days

The blue boot helps reduce your risk.

The design of the Prevalon Heel Protector comfortably cradles your foot and ankle, elevating the heel and relieving pressure. In one study, Prevalon helped a hospital completely eliminate all heel pressure ulcers.

- Gently “floats” your heel to minimize pressure
- Ultra-soft, dermasuede interior grips your foot and ankle to ensure the boot stays on properly
- Keeps your foot upright to help prevent foot and leg rotation that can lead to nerve damage

REFERENCES: